

Cooking Safety



Stand by your pan:

Never leave your pot or pan unattended. If you leave, turn off the stove.

Set a timer: It will remind you you're cooking.



Keep counters clear:

Move things like cloths, oven mitts, wood or plastic away from the stove.



Have a "kid-free zone" of at least 3 feet (1 metre) around the stove and areas where hot food or drink is prepared or carried.



Be alert: Don't cook when you're sleepy, consumed alcohol or medications that can make you drowsy.



Wear fitted Clothing: Roll up your sleeves to avoid them from catching fire. Consider using an arm band to keep them tightly secured.



Appliances cook food:

Never use your oven or microwave as storage space. This can cause a fire.

**A fire in a kitchen is always an emergency.
When in doubt, just get out and stay out! Call 9-1-1.
Never go back inside for anything.**



**Welland Fire &
Emergency Services**

Welland Fire and Emergency Services

Fire Prevention Division

400 East Main Street, City of Welland, Ontario

905-735-1700 x2488

fireprevention@welland.ca

www.welland.ca/fire